

International Symposium

LINKING HEALTH, EQUITY AND SUSTAINABILITY IN SCHOOLS

10–11 July 2010 — Geneva

Informations : www.health-equity-sustainability-schools.org/

PROGRAM

INTRODUCTION

Prior to the World Conference of the IUHPE on health promotion, the Swiss Network of Health Promoting Schools (SNGS), the Schools for Health in Europe Network (SHE network) and the International School Health Network (ISHN) organise this symposium on linking health, sustainable development in the school setting. The unique Swiss, European and international collaboration together with education and health (b+g) and the Foundations of Global and environmental education (SBE and SUB) are pleased to invite all those concerned with education, health and sustainable development to this symposium. The international symposium is open to all who are interested in questions of health and sustainable development in school, in particular young people, stakeholders in schools, researchers, NGOs and government officials. Our discussions will identify practical ways to integrate these many demands placed on schools to achieve their common goals.

FRIDAY, JULY 9, 2010

18:00-18:45

Welcome, Keynote and Structured Activity. The overall goals of the symposium will be introduced. Films projection.

18:45-20:00

Appetizer - reception

SATURDAY, JULY 10, 2010

8:30-9:00

Welcome.

▶ 9:00-9:15

Opening of the Symposium
Edith Lanfranconi and Gaël Pannatier (RSES)

▶ 9:15-10:15

KEYNOTE I *Shirley Tagalik*

▶ 10:15-10:45 HEALTHY BREAK

▶ 10:45-12:15

SIX CONCURRENT WORKSHOPS

▶ 12:15-13:30 LUNCH

▶ 13:30-15:00 WORKSHOPS

SIX CONCURRENT SESSIONS

▶ 15:00-15:30 HEALTHY BREAK

▶ 15:30-16:45

KEYNOTE II
Reiner Mathar ; Jaimie Cloud

▶ 16:45-17:00

CLOSING SESSION *Elisabeth Baume-Schneider, President of the interregional conference of education*

▶ 17:00-17:30 POSTER SESSION

▶ 17:45-18:45 HEALTHY WALK AND TALK

SUNDAY, JULY 11, 2010

8:30-9:00

Welcome

▶ 9:00-9:15

Introduction
Douglas McCall (ISHN) and Goof Buijs (SHE)

▶ 9:15-10:15

KEYNOTE III *Carol Tannahill*

▶ 10:15-10:45 HEALTHY BREAK

▶ 10:45 - 12:15

FOUR CONCURRENT WORKING SESSIONS

▶ 12:15-12:30 HEALTHY BREAK

▶ 12:30-13:30

Closing session : Panel about the political and international educative perspectives.
With the participation of representatives of international organisations.

▶ 13:30-14:45 LUNCH / POSTER SESSION ROUND TABLE

The artist *Bruno Bieri* will animate the breaks during the symposium with intermediates 🎵

Opening of the World Conference at the end of the afternoon

TARGET AUDIENCE

During the first day, the symposium is open to all stakeholders, especially teachers and principals. The second day is intended more to institutions and specialists. People from international organizations, networks, government agencies, universities, teacher-researcher and youth are also invited to attend the symposium and bring their experience!

KEYNOTE PRESENTATIONS

(SIMULTANEOUS ENGLISH/FRENCH TRANSLATION)

SATURDAY 10.07.2010, 09:15-10:15

Linking Health, Equity and Sustainability: A New and Traditional Way of Thinking and Acting

Shirley Tagalik, *Principal Researcher, Inukpaujaq Consulting, Canada*

Encouraging a more holistic approach to promoting health, equity and sustainability is the goal of this symposium. This will be a new way of thinking for many of us, as we face the pressures to focus on specific health, social or environmental problems that challenge our students. The traditional knowledge that has been the foundation of indigenous people and nations offers us much to consider as an example and a role model. For example, most aboriginal cultures recognize that "the land" or natural environment is always a central and healing force in our lives. If we ignore the health of the land, we ignore our own well-being. Shirley Tagalik, an educator who lives in a village well within the arctic circle of the world, will describe the concepts, principles and values that are part of an Indigenous approach and framework to school health promotion that was developed in consultations with tribal nations from around the world. She will then show how this framework can be applied to curriculum development and to teacher training and policy in a realistic and effective manner.

SATURDAY 10.07.2010, 15:30-16:45

Practical steps and examples of integrated practice at school in Health, Equity and sustainable Development

Reiner Mathar, *Service Center School and Health, representative of Education for Sustainable Development, Germany*

Improving health situation and the empowerment of Equity is only possible with an integrated thinking of Sustainability. Health and social situation of people are directly linked to the main basis of Sustainable development: enough for all, for ever. Schools have already integrated these three areas in their everyday practice. This will be demonstrated by concrete examples and supporting structures. Starting from the actual German situation, the programme "Schule & Gesundheit" ("School & Health") as an integrated concept which includes all thematic areas of health, equity and sustainability, an overview on the situation and the development in the European countries will be given.

Health, Equity and Sustainability: what connections for schools?

Jaimie Cloud, *President and executive director of the Cloud Institute for sustainability education, USA*

The knowledge, skills and attitudes that characterize education for sustainability can be learned in classrooms nested in organizations that learn, in buildings and cafeterias that learn in communities that learn. In this session Jaimie Cloud will discuss how educators in the U.S. educate for sustainability through the lenses of health and equity. The dynamics of systems and change, the commons, natural laws and principles, responsible citizenship and sustainable economics are all ESD content standards that can contribute.

SUNDAY 11.07.2010, 9:15-10:15

Integrated approaches to health, sustainability and equity: addressing the challenges

Carol Tannahill, *Director Glasgow Centre for Population Health, Scotland*

Schools across Europe are trying to achieve optimal outcomes for children, often through a series of initiatives which may appear as additional demands and put pressure on the curriculum. This presentation will consider the shared objectives and the tensions that exist among the agendas of health, education, equity and sustainability. It will look at challenges that need to be overcome at national, municipal and school levels and propose approaches that may help in establishing an integrated way forward.

SUNDAY 11.07.2010, 12:30-13:30 — CLOSING SESSION

Panel about the political and international perspectives

Moderation : School Health Network : Douglas McCall (ISHN) and Goof Buijs (SHE)

- **Sean Slade**, Director, Healthy School Communities, Association for Supervision & Curriculum Development (ASCD), Washington, USA
- **Koji Miyamoto**, Analyst, Centre on Education Research & Innovation, Organization for Economic Cooperation & Development (OECD), Paris, France
- **Charles Basch**, Professor of Health and Education at Teachers College, Columbia University, USA
- **Dolf van Veen**, Professor, Urban Education and Youth Policy, University of Nottingham/ Hogeschool, Ambassador Education, Health and Human Services Partnerships for the Dutch Ministry of Education, Holland

This session will examine how health, equity and environmental concerns can be integrated within the educational mandate and constraints of the school system. This is perhaps the greatest challenge to the sustainability of school human development programs. The ASCD, representing senior educational administrators world-wide, has recognized this and is now promoting an approach to involve all segments of the educational community and to link programs directly to school improvement. The OECD has been working on the development of indicators of the "social role of schools". Advocates for health, environmental and equity programs should recognize this as an opportunity for solidifying their programs within the core concerns of educators. Critical to the success of school-based efforts is the school principal/headmaster. This session will conclude the symposium with strategic and practical advice on how to engage school systems in our future efforts.

WORKSHOPS

SATURDAY MORNING 10:45-12:15

SIX CONCURRENT WORKSHOPS

(D = German / E= English / F= French)

1. Tobacco in the classroom! How to make a sequence of interdisciplinary teaching (F)

- Myriam Bouverat, Associate teaching, Education and Development Foundation, CH
- François Bourqui, Lecturer « general education », University of teachers education, Freiburg, CH

3. Participation, a necessary transversal skill for education to sustainability and health (F)

- Roland Battus, Responsible for the training of teachers in the secondary school, CH
- Sophie Lagana, Sociologist and collaborator at the Youth Health Service, Department of public instruction, culture and sport, Geneva, CH

4. From a one-day intervention to a whole school program. How health promotion and education for sustainable development are supporting school development (D, F)

- Fritz Schellenbaum, Responsible of Health Promotion, Petermoos School, Zürich, CH
- Edith Lanfranconi, National coordinator of the Swiss Network Health Promoting Schools, Radix, Lucerne, CH
- Moderator: Reiner Mathar, Service Center School and Health, representative of Education for Sustainable Development, Germany

5. Promoting health & equity by linking early childhood centres and school health programs (D, E)

- Rüdiger Bockhorst, Bertelsmann Foundation, Gütersloh, Germany
- Prof. Dr Peter Paulus, Leuphana University, Lüneburg, Germany

7. Implementation: A common challenge for health, equity and environmental education. Experiences from Europe (E)

- Monica Carlsson and Venka Simovska, Research Programme for Environmental and Health Education Danish School of Education, Aarhus University, Denmark
- Anna-Karin Jälminger, Department of Public Health Sciences, Karolinska Institute, Stockholm, Sweden
- Lynne Perry, Principal Public Health Officer, Wales, UK
- Sue Bowker, Head of Branch, Young and Older People, Department for Public Health and Health Professions, Wales, UK

8. Teacher development: Building cooperative structures and professional learning communities (E)

- Patricia Mannix McNamara, University of Limerick, Ireland
- Edith Flaschberger, Ludwig Boltzmann Institute Health Promotion Research, Austria
- Didier Jourdan, University Blaise Pascal, Clermont-Ferrand, France
- Palo Almond, University of Southampton, UK

SATURDAY AFTERNOON 13:45-15:15

SIX CONCURRENT WORKSHOPS

(D = German / E= English / F= French)

10. Inspiring practices: examples of school projects that integrate health, equity and sustainable development (E, D, F)

- Jean-Romain Ebener, Lecturer, Member of board of trustees, « Mountain forest workshop» Foundation, CH
- Michael Fraiss, Professor, University of teachers education, Zürich, CH

11. Finding your way in a complex world, System thinking as a central skill for education to sustainable development and health (F, E, D)

- Brigitte Bollmann, Professor, University of teachers education, Zürich, CH
- Ueli Nagel, Professor, University of teachers education, Zürich, CH
- Sandra Wilhelm-Hamiti, Professor, University of applied sciences of Zürich, Wädenswil, CH

12. Working with practice based methods to learn for Health, Equity and Sustainability (F, E, D)

- Dr. Regina Steiner, Head office, Environmental Forum, Salzburg, Austria
- Jaimie P. Cloud, President, the Cloud Institute for Sustainability Education, USA
- Moderator: Franziska Oswald, Manager, sprouts, learning & creating for the future, Bern, CH

13. Promoting sustainable consumption and nutrition: Experiences in Denmark, Germany, Finland and Italy (E, D)

- Bent Egberg Mikkelsen, Food, People & Design, Department of Development and Planning, Aalborg University Copenhagen, Denmark

14. Engaging students in change through dialogue and identity development (E)

- Ulla Pedersen, Centre for Health Promotion, University College South Denmark
- Dan Grabowski, Bjarne Bruun Jensen, Jens Aagaard-Hansen and Kjeld Poulsen, Steno Health Promotion Centre – Gentofte – Denmark

16. Linking Health and the Environment: Practical Ideas for Teachers (F)

- Marina Gruslin, High School Charlemagne, Education Center Relative to Health and Environment Interactions, Liege, Belgium

SUNDAY, JULY 11, 2010 10:45-12:15

Parallel sessions: Inputs presentations and time for discussions and exchange.

A. Let's go! Obstacles and resources of linking the approaches to health, equity and sustainable development (French)

There are various difficulties of structural integration of these different dimensions into the educational system. After a reflection on current challenges and a presentation of a local experience, the discussion will be open focussing on available the construction of a common approach.

L'Education en vue du développement durable: une filiation à assumer, des défis à affronter

▪ *Pierre Varcher*, Membre du groupe d'experts d'évaluation et d'expertise pour la Décennie des Nations Unies pour le Développement durable, Chargé de cours UNIGE, Commission suisse de l'UNESCO

Ecole et travail en réseau: une opportunité ou une utopie?

▪ *Laurent Duruz*, Consultant, Service de Médiation Scolaire LE POINT, Genève, Suisse
▪ *Marinette Clavijo-Gallay*, Référante des pratiques infirmières et de la santé communautaire, Service santé de la jeunesse, Genève, Suisse

B. Community approach: Schools in connection with their quarters and towns (simultaneous English/French translation)

The integration of the community and the participative approaches are a central component in the vision of health promoting schools and sustainable development. This

presentation will examine several specific aspects of the school-community relationship and practical methods to strengthen those relationships. These include working with community organizations, sharing facilities and programs, offering pre-school and day care programs in or near schools, participating in community campaigns and more. Secondly, the presentation of an ambitious European program will illustrate the participative development between schools and cities on the issue of preventing childhood obesity.

Linkages between Communities and Schools

▪ *Christine Jones*, Executive Director, International Centre on Community Schools, UK
▪ *Christophe Roy*, coordinator of the Epode European Network, France

C. Integration of education for health promotion and sustainable development in curricula and teaching (French)

How can we integrate the 'education for' into the school programs on one hand and into teacher formation on the other? Two practical examples illustrate the two aspects. After that the debate will be open to the different national experiences and ways of action: with model, which perspective, which difficulties?

Formation des enseignant-e-s et développement durable: un exemple d'intégration

▪ *Bertrand Gremaud*, Formateur, Haute Ecole Pédagogique, Fribourg, Suisse
▪ *François Bourqui*, Chargé de cours «formation générale» à la Haute Ecole Pédagogique, Collaborateur du Dispositif d'Education générale du service de l'enseignement obligatoire, Fribourg, Suisse

Former les enseignant-e-s au domaine de la Formation générale: comment et pourquoi?

▪ *Françoise Pasche-Gossin*, Professeure et Coordinatrice de projets, Haute Ecole Pédagogique BEJUNE, Suisse

D. The different school networks : how can we promote collaboration? (English)

There are different types of school networks such as healthy schools, green schools, safe schools and community schools. The session will begin with a clear articulation of the issues that truly reflect a shared interest in the various sectors that work with schools. In this case, it will be an evidence-based description of the socio-economic barriers that hinder educational achievement and health. Participants will leave this session with a better understanding of some of the "tripwires" and "pitfalls" that can impede progress. These include over-attention to merging models, the use of words that have controversial meaning for some, a tendency to see our model or previous way of operating as all-encompassing rather than an just an alternative approach.

▪ *Dwayne Provo*, Chair, International Council, American School Health Association, USA
▪ *Charles Basch*, Professor of Health and Education at Teachers College, Columbia University, USA
▪ *William Potts-Datema*, Chief, Program Development and Services, Centres for Disease Control and Prevention, USA

WEBINARS / BLOG

The participants can also participate to **webinars**. A **blog** is also open on the website to discuss items brought by participants. The following webinars will be offered:

▶ Linking Health, Equity and Sustainability While Building Capacity for Change

Blake Poland, Dalla Lana School of Public Health, University of Toronto, Canada

▶ Health & Equity: A context for more equity: Low income communities

Charles Basch, Richard March Hoe Professor of Health & Education, Teachers College, Columbia University, USA

▶ Human Health and Environmental Sustainability: UNESCO Efforts

Bernard Combes, UN Education for Sustainable Development Program, UNESCO

▶ Linking Sustainability & Health: Some Selected Innovative Programs

Daniel Fisher, UNESCO Chair Environmental Sustainability, Leuphana University of Lueneburg, Germany

▶ Reducing Disparities, Promoting Health: Initiatives in the United States and Canada

Mathew Yale, United States Department of Education

Those sessions have been recorded and can be viewed on <http://www.health-equity-sustainability-schools.org/page/Webinars>.