

# **Finding your way in a complex world**

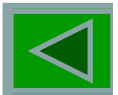
**Systems thinking as a central skill in sustainability  
and health education**

# SYSDENE Research Team

- Research Cooperation between Swiss and German Universities of Teacher Education
- SYSDENE = systems thinking for sustainable development
- Starting points:
  - Studies by Klieme/Meichle (1994) and by Ossimitz (2000)
  - Discussions about competences for a sustainable future and about curricular standards
  - Action research on ST in USA ([watersfoundation.org](http://watersfoundation.org))
- Team Switzerland:  
PHSG : Ursula Frischknecht-Tobler, Patrick Kunz  
PHZH: Ueli Nagel, Brigitte Bollmann, ZHAW: Sandra Wilhelm



# SYSDENE research group



# Goals

- Investigating the premises, the promises and the possibilities to support the understanding of the nature of complex systems in grades 1-9 within the existing curricula
- Development of a coherent teaching approach for systems thinking
- Development of appropriate teaching materials

# «Walkshop»



# What is Systems Thinking (ST)?

in the German speaking areas  
often used as a synonym for...

- vernetztes Denken = „linking-thinking“
- ganzheitliches Denken = holistic thinking
- kybernetisches Denken = cybernetic thinking
- komplexes Problemlösen = complex problem solving



# Definition by SYSDENE :

*Systems thinking is the capacity to*

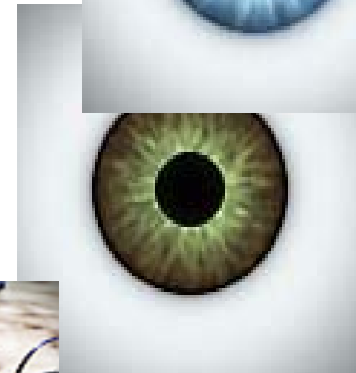
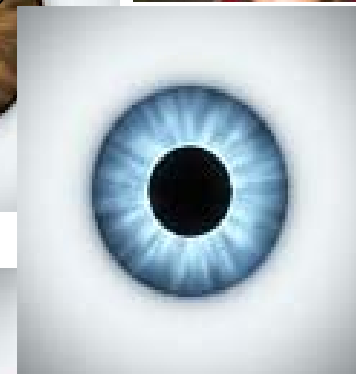
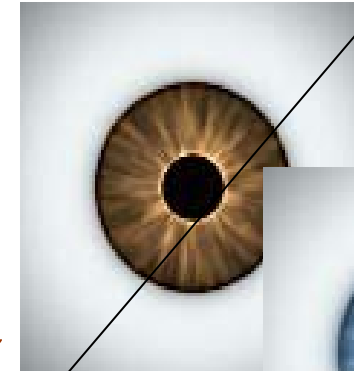
- ***describe , reconstruct and model** complex fields of reality as systems*
- ***explain** these systems model-based*
- ***prognosticate/forecast** future developments considering the predictive probability and the systems boundary*
- ***conceptualize and assess possible systemic action plans***

# «Circles in the Air»



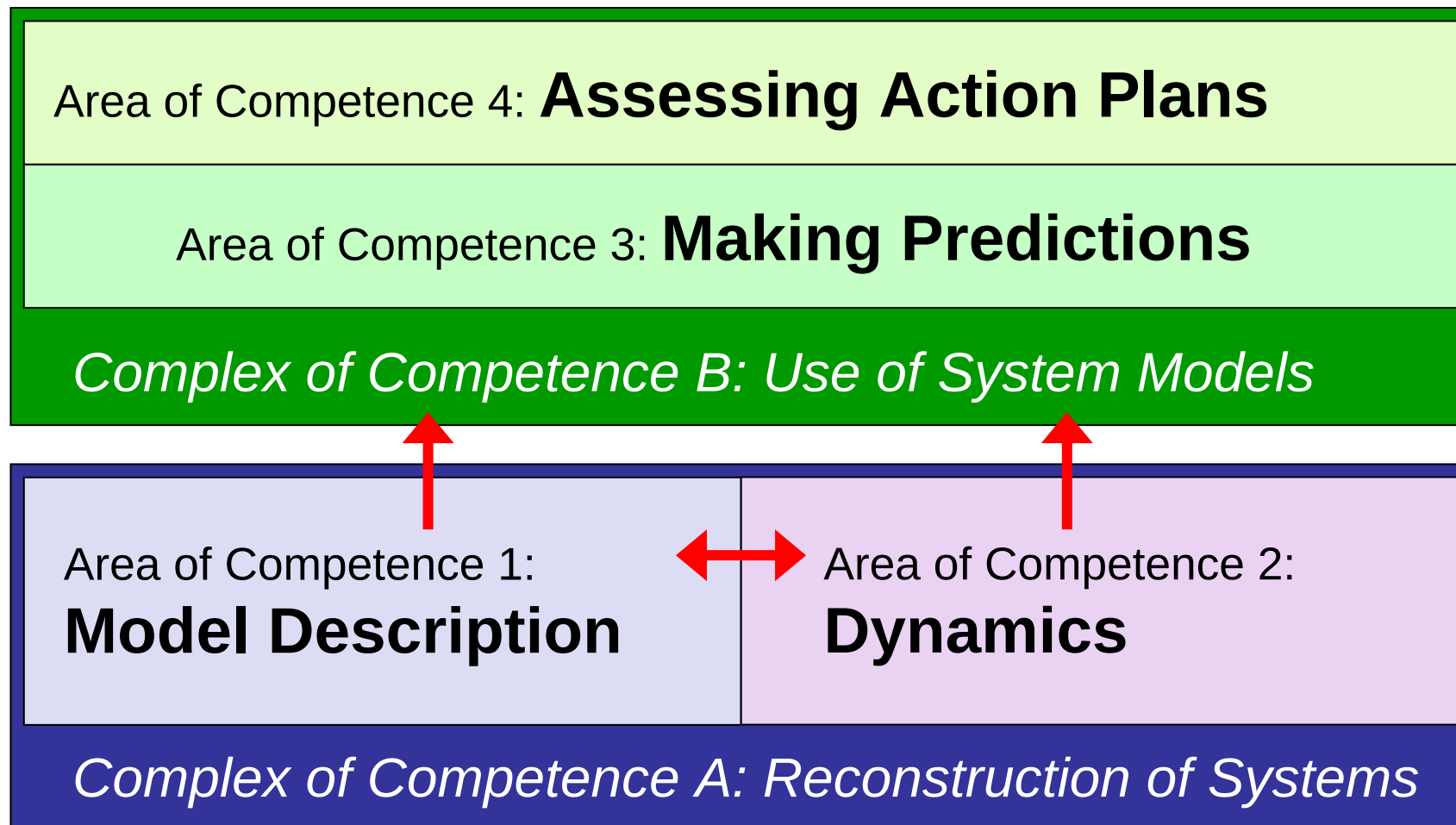
# Change of Perspective or seeing the world with different eyes

What, if.....?

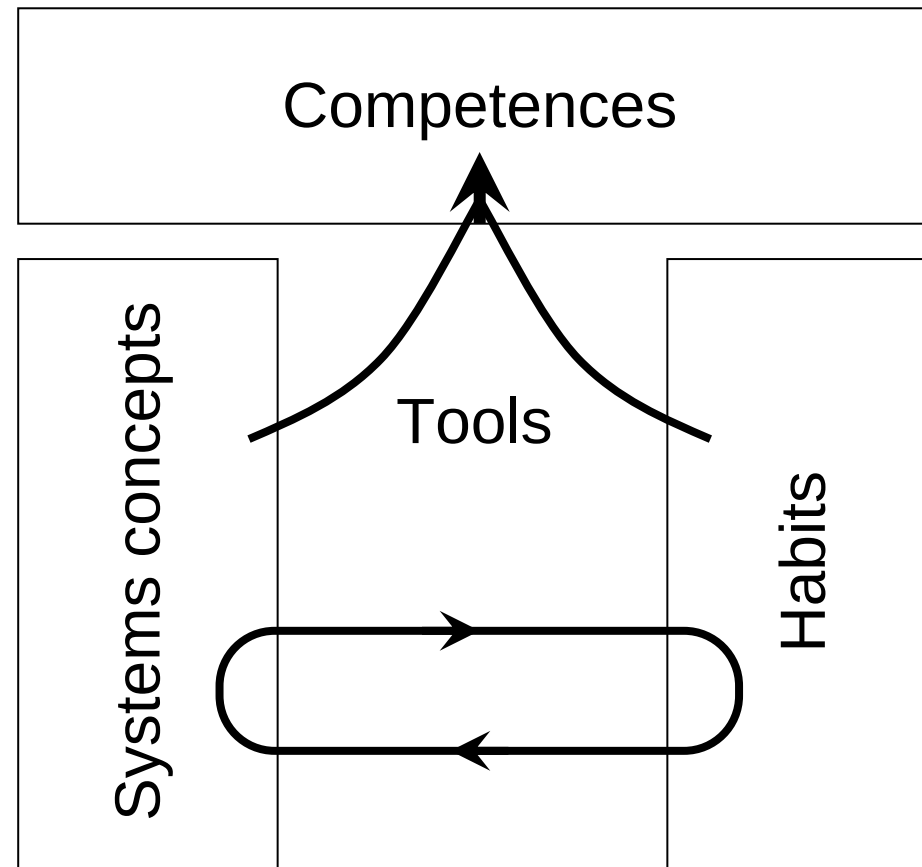


# The SYSDENE Model of Competences

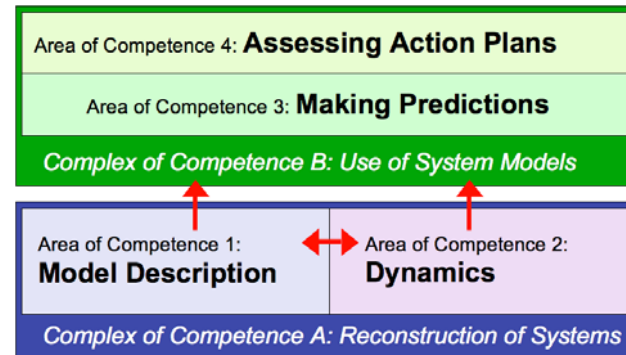
(Frischknecht, Nagel & Seybold 2008)



# Components of Systems Thinking



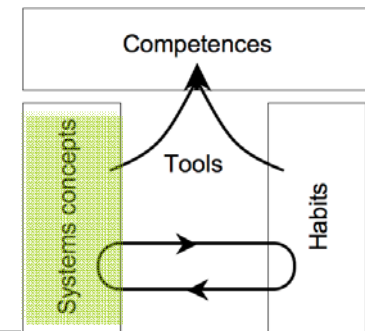
# Competences



1. Can systems competences be fostered and taught?
2. What is needed to acquire these competences?

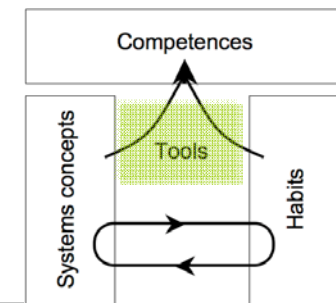
# Systems Concepts

- Organisation of the system (parts, boundaries, interdependence)
- Feedback mechanisms
- Non-linear relationships
- Dynamics (change over time, delays..)
- System archetypes

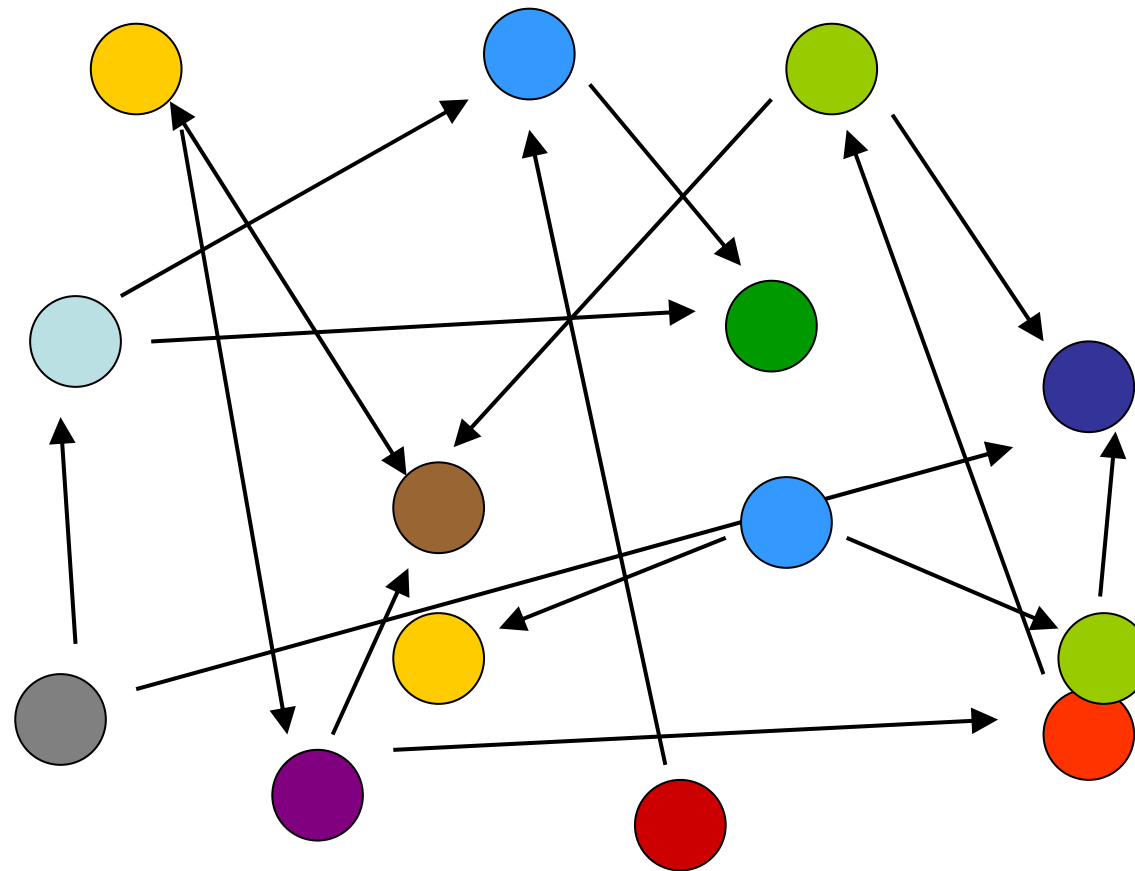


# Tools

- **Connection Circles (qualitative)**
- Functional Diagrams (qualitative)
- Behavior-Over-Time Graphs = BOTGs (semiquantitative)
- Stock-and-Flow-Diagrams (quantitative)
- Systems dynamics (Computer modelling; quantitative)

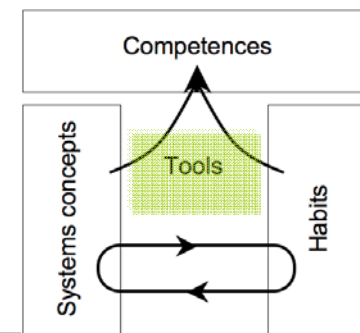
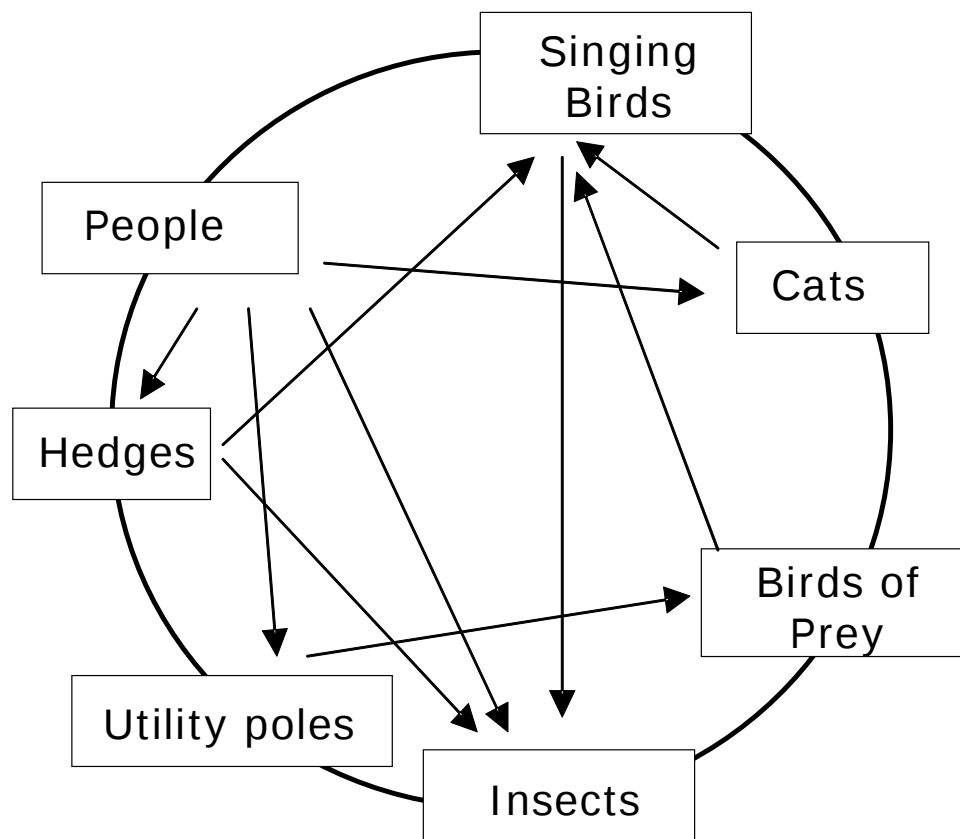


# Triangle Game («Mittendrin»)



# Tools

- Connection circle (qualitative)



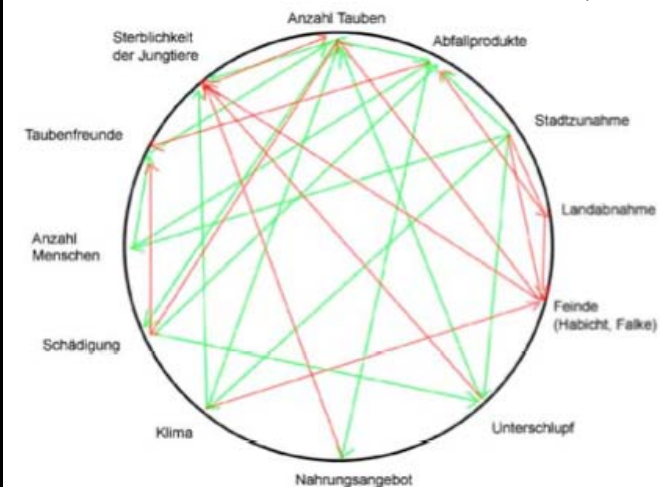
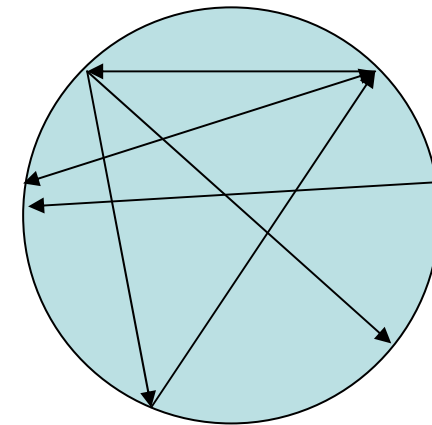
# How to work with the Connection Circle

Connection Circles are thinking tools that we draw according to a situation, a story, a problem. With this we can understand the functioning of a system.  
(after Quaden and Tichotsky, 2004)

Rules:

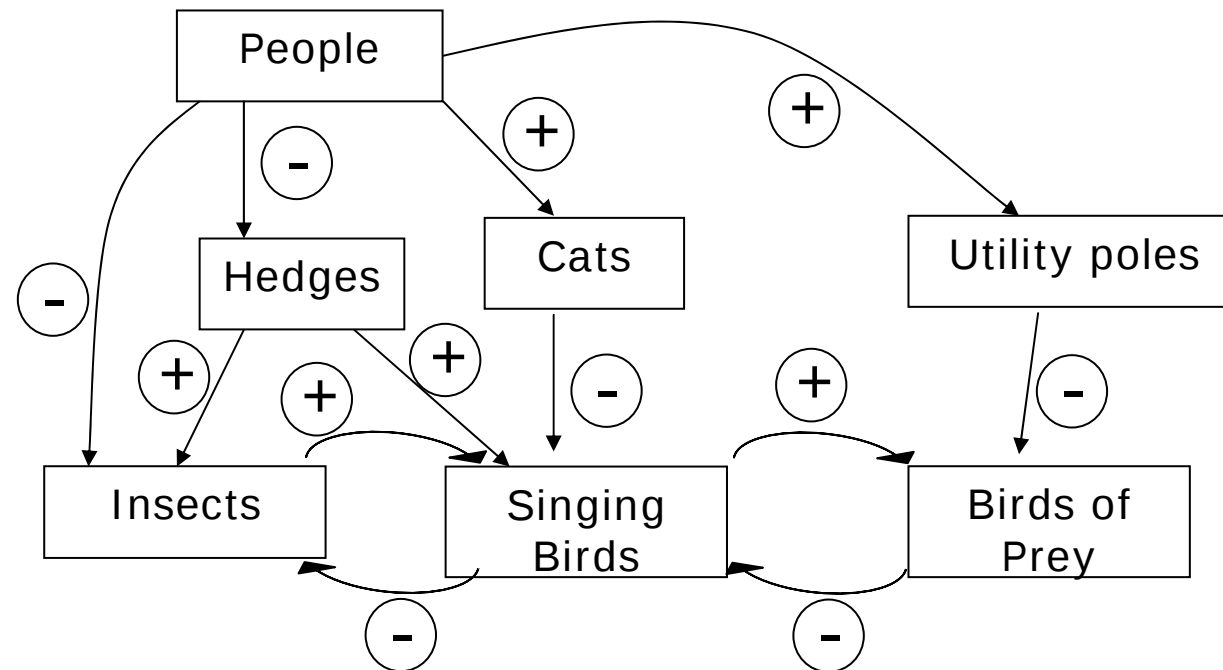
## Regeln zum Vernetzungskreis:

1. Nimm Elemente aus der Geschichte (Systemelemente), die **alle** drei der folgenden Kriterien erfüllen
  - Sie sind wichtig für die Veränderungen in der Geschichte
  - Es sind Nomen oder Nomensätze
  - Sie werden in der Geschichte grösser oder kleiner / mehr oder weniger / nehmen zu oder ab
2. Schreibe diese Elemente um den Kreis herum auf. Nimm nicht mehr als 5-10
3. Finde die Elemente auf dem Kreis, die bewirken, dass ein anderes Element grösser oder kleiner wird / mehr oder weniger wird / zu- oder abnimmt
  - Zeichne einen Pfeil von der Ursache zur Wirkung
  - Die Verbindung zwischen den beiden Elementen muss direkt sein
4. Suche nach Rückkopplungsschleifen, bei denen der Pfeil wieder zum Ausgangselement zurückführt.



# Tools

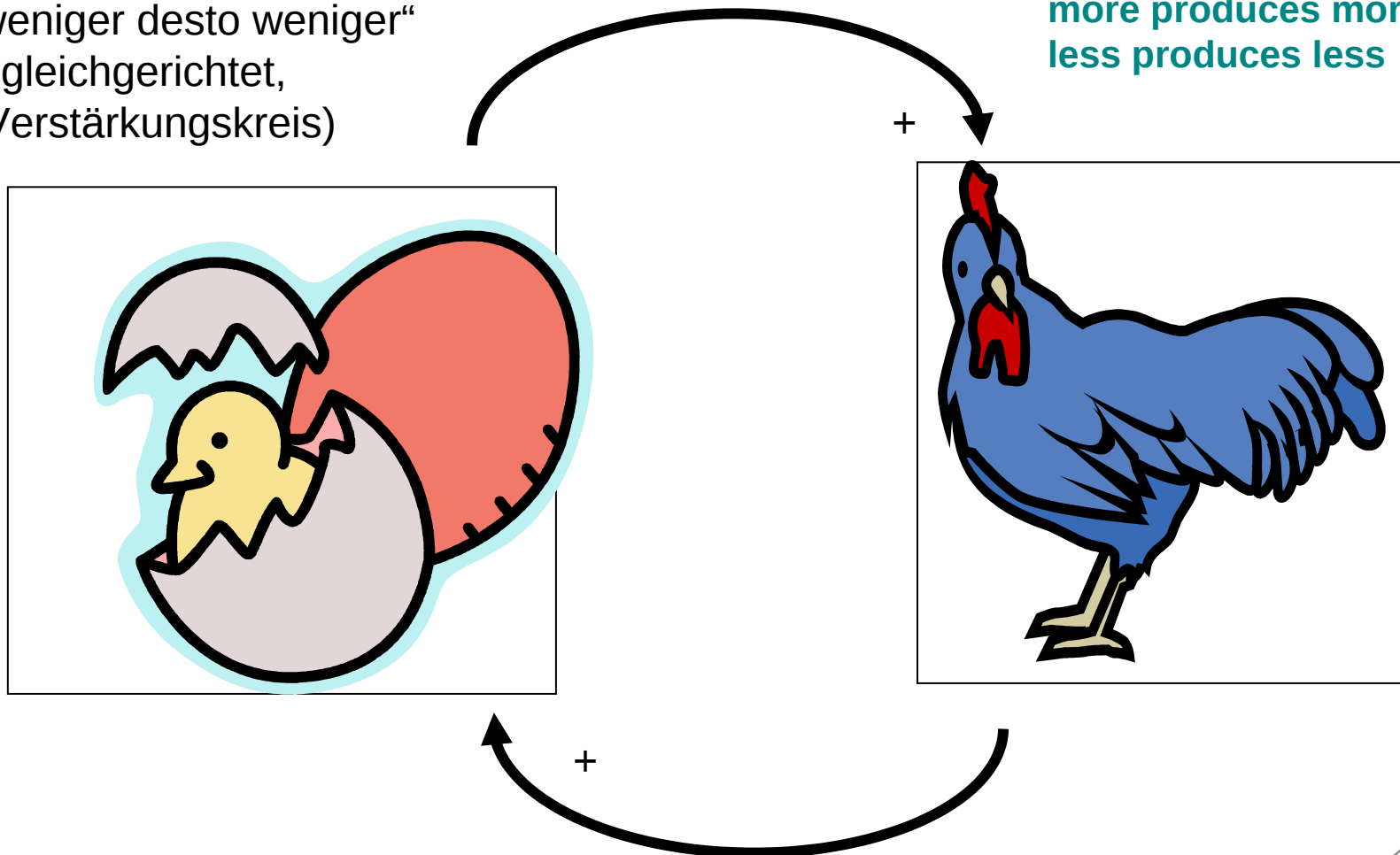
- Connection circle (qualitative)
- Functional Diagrams and Causal Loops (qualitative)



# Reinforcing Feedback

„Je mehr desto mehr“ oder  
„Je weniger desto weniger“  
(G = gleichgerichtet,  
V = Verstärkungskreis)

more produces more  
less produces less



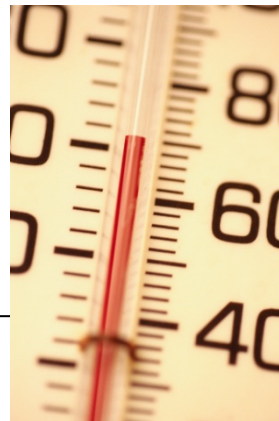
# Balancing Feedback

„Je mehr desto weniger“ oder  
„Je weniger desto mehr“  
(A = Ausgleichskreis)

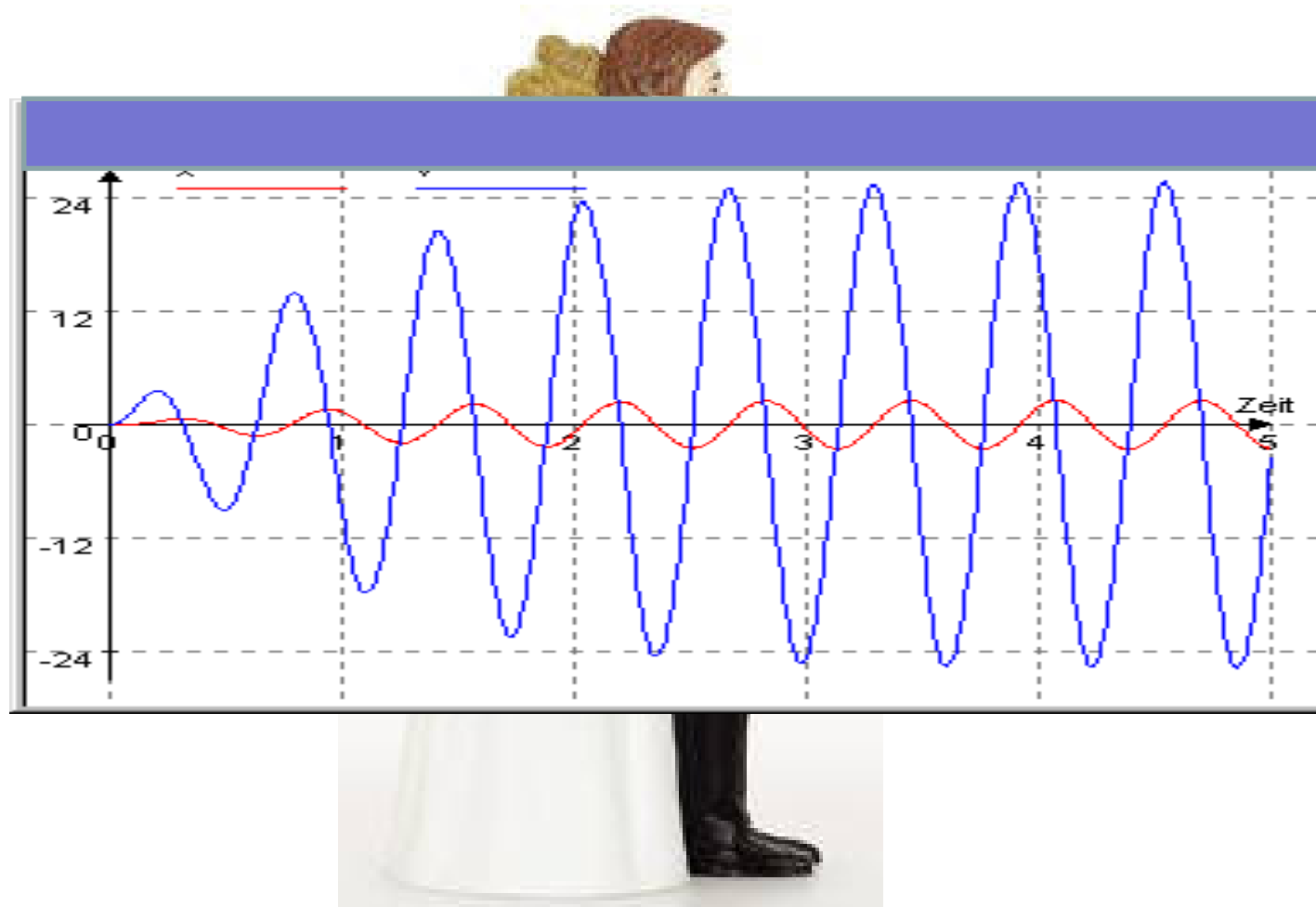
More produces less  
Less produces more



Heat production

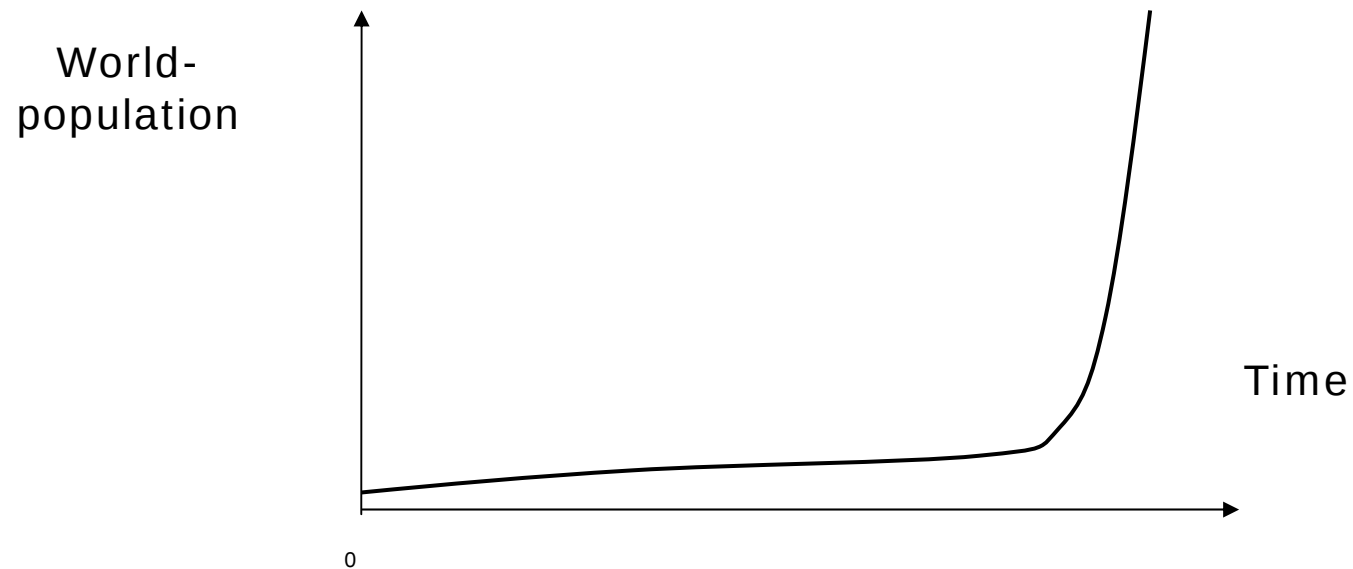


# «Back to Back»: feedback live



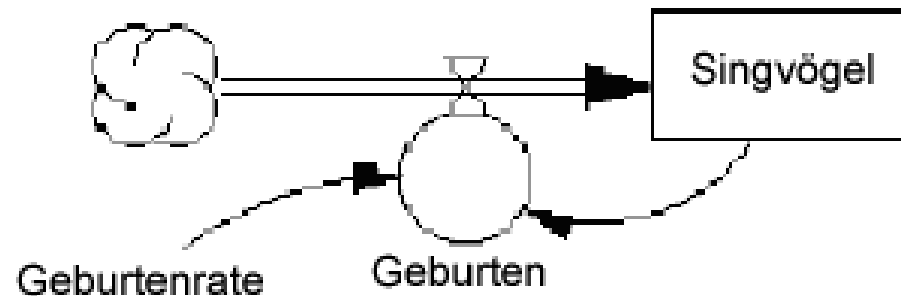
# Tools

- Connection Circle (qualitative)
- Functional Diagrams / Causal Loops (qualitative)
- **Behavior-Over-Time Graphs = BOTGs**  
((semi-)quantitative)

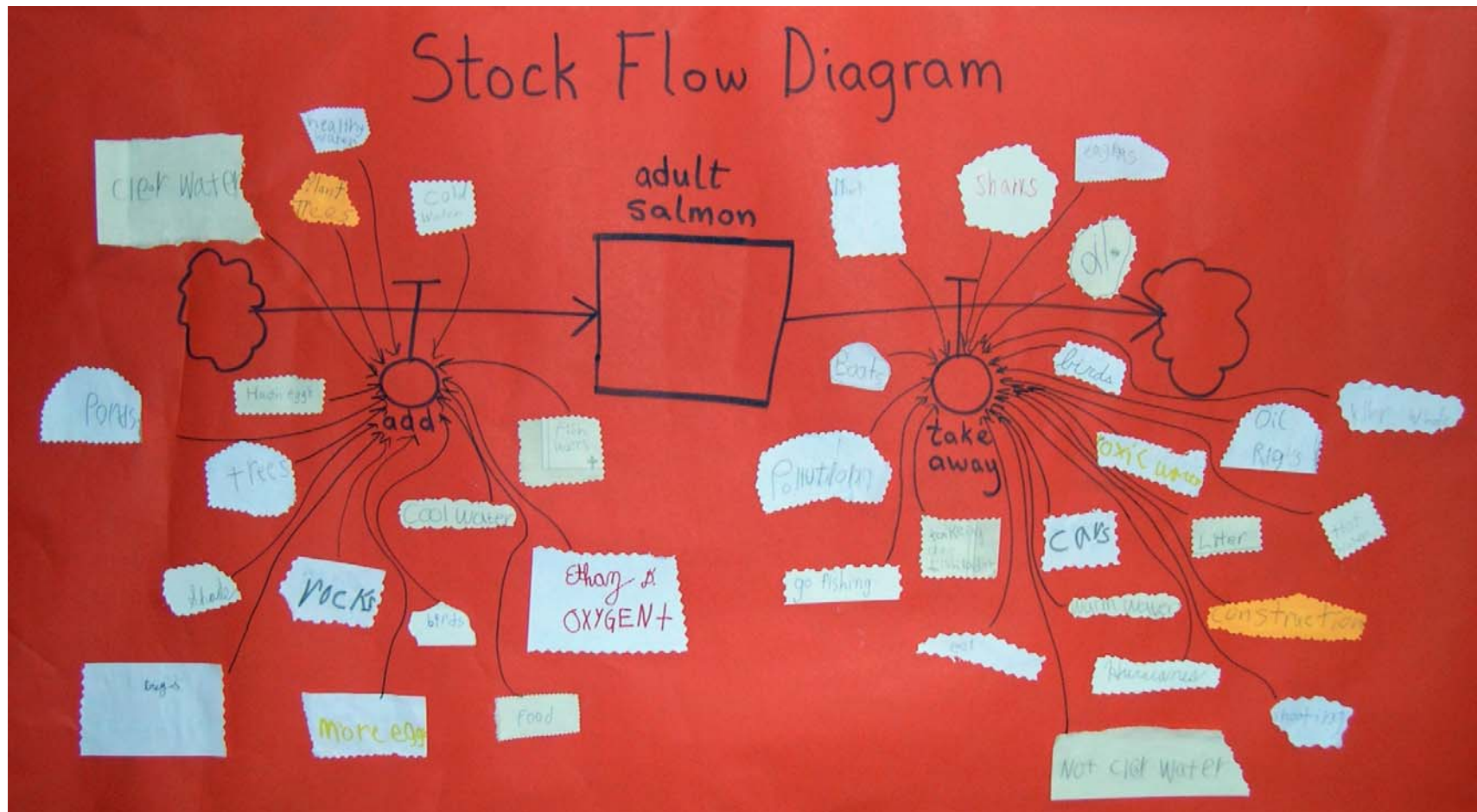


# Tools

- Connection Circle (qualitative)
- Functional Diagrams (qualitative)
- Behavior-Over-Time Graphs = BOTGs, (semi)quantitative)
- **Stock-and Flow-Diagrams (quantitative)**



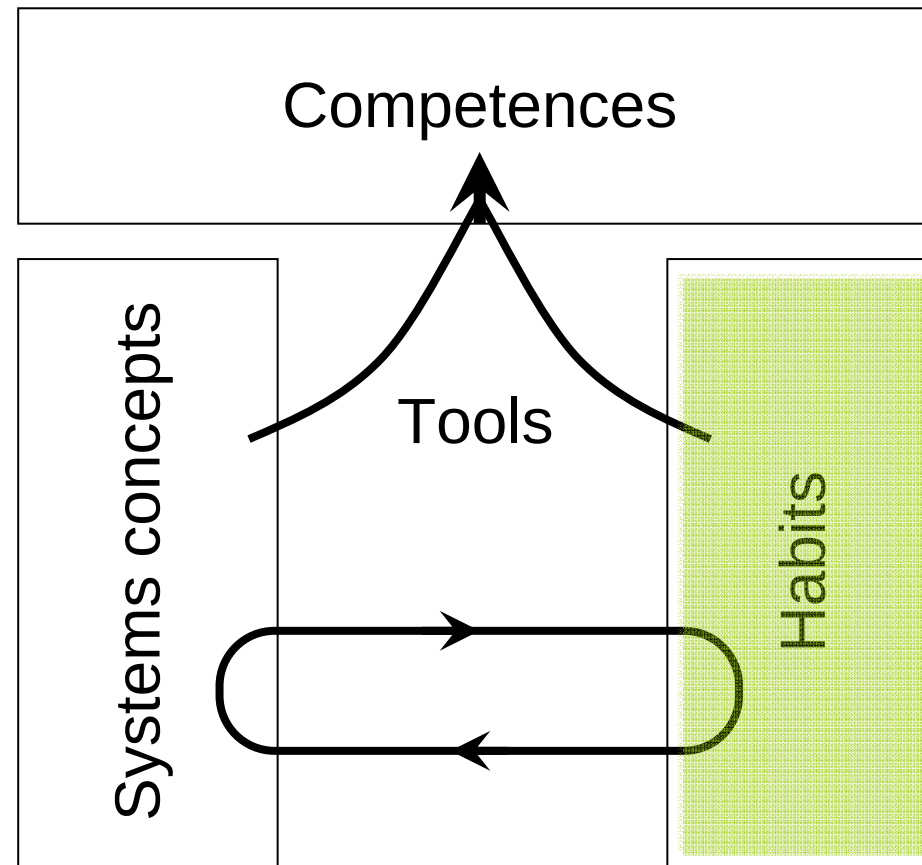
# Example from a grade 2 class (Portland)



# Tools

- Connection Circles (qualitative)
- Functional Diagrams (qualitative)
- Behavior-Over-Time Graphs = BOTGs (semiquantitative)
- Stock-and-Flow-Diagrams (quantitative)
- **Systems dynamics (Computer modelling; quantitative)**

# Components of Systems Thinking



# Habits of a Systems Thinker

(adapted from [www.watersfoundation.com](http://www.watersfoundation.com) )

Ich betrachte die Dinge  
von **verschiedenen Seiten**.



I look at the system  
from different angles.  
Change of perspective

I observe how  
elements within  
systems change  
over time

Ich finde heraus,  
wie Dinge und Beziehungen  
sich mit der **Zeit** ändern.



Ich denke nach über Wirkungen,  
die kurz und solche,  
die **länger andauern**.



I consider both  
short and long term  
consequences of  
actions

# «Habits» in the Classroom



# Publications

## Book 1 («Systemdenken» 2008):

- ✓ State of research on ST
- ✓ SYSDENE competence model
- ✓ Research of the SYSDENE group

## Book 2 («Systemdenken fördern» planned for fall 2010):

- ✓ Basic knowledge on ST
- ✓ Classroom materials, ST training, examples for lessons, toolbox

